

Teaching kids to choose Wise Highs!



First graders in Kristine Pelletier's class at St. Anne Grade School proudly display the friendship mobiles they made as part of the Best Practice project designed by their teacher.

The Best Practice contest is sponsored by the Pledge for Life Partnership and the Iroquois-Kankakee Regional Office of Education for teachers who participate in the Life Education Centers' K-12 grade program. Held annually, it is designed to bolster the lessons taught in the LECs' curriculum. The deadline for the 2009-2010 contest is June 4, 2010.



For more information, contact Brenda Wetzel, director of Life Education programs, at (815) 937-2950.

Cover photo: Students from Theresa Eimen's 4th grade class at Chebanse Elementary School are "People Making Positive Choices."

Kindergarten

Deb Talbert Danforth Elementary School
Rules to Travel By: Students were asked to set and implement rules they thought should be followed by students in their building. They were posted on the classroom bulletin board and a "Rule Reader" was assigned each day to point the words out while the students read the rules out loud. This activity helped students to identify concepts of citizenship including respect for the law, patriotism, civility and working with others.

First Grade

Kristine Pelletier St. Anne Grade School
Friendship: Students read and discussed *Special Friends* by Charlotte Zolotow, *New Friends* by Julian Rojas and *Friends Forever* by Celeste White. They then wrote and illustrated sentences about someone in their class who they considered to be a special friend. They also worked in groups to make friendship mobiles.

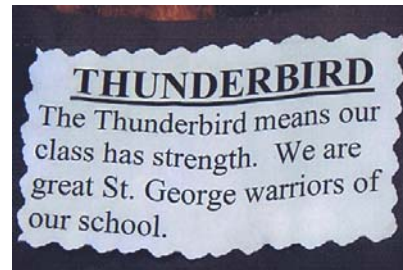
Second Grade

Bev Diedrich Lincoln Cultural Center
Kankakee School District No. 111
Will You Be Healthy, Too? The students extended their knowledge by sharing what they learned in the Life Education Center through a letter to others who serve as role models in their lives.



Third Grade

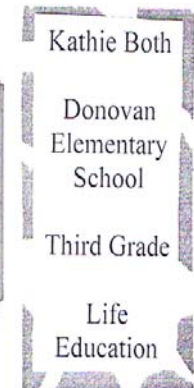
Tammy Krause St. George Grade School
St. George School District No. 259
Totem Pole: Students researched totem poles and how they serve as a memorial or symbol for a family group or clan. The activity taught students how contribute to a community and how to work as a team. It also helped them build self-esteem.



Cynthia Veronda Kennedy Middle School
Kankakee School District No. 111
Discovering Health Channel 121: Students created public service announcements on a variety of topics including nutrition and fitness, the effect of drugs and alcohol; parasites and immunology. They presented their projects with the use of a SMART Interactive Board

Sue Williams Bradley West School
Bradley Elementary School District No. 61
Celebrate You and Me: Students gained a better awareness of choosing to make wise choices for a successful life by performing the musical review, "Celebrate You and Me".

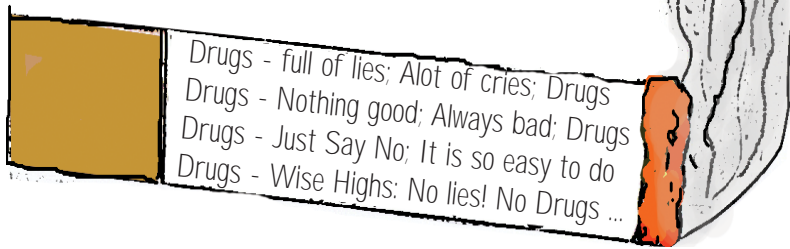
Kathie Both Donovan Elementary
Donovan Community School District No. 3
Wild About Harold: Us the theme of a "Life Education Safari," studer reinforced the LEC lesso about the human body ar factors that influence it.



Fourth Grade

Becky Creek Shabbona Elementary
Bourbonnais School District No. 53

Shaped Poetry: Students incorporated the theme of *Wise Highs* in a lesson about concrete poetry



Theresa Eimen Chebanse Elementary
Central Community Unit School District No. 4

People Making Positive Choices: Students wrote a summary of their LEC lesson and cited reasons why it is important to make healthy choices. They practiced reading their summaries aloud like they were making a commercial. I videotaped them and played it back on the Prometheon Board.

Leighann Delabre St. George School
St. George Community School District No. 258

Say It Ain't So Lady Liberty:

What if Lady Liberty started smoking? To convince her to stop, the I had my students use mathematical proportions to determine the size of her wrinkles as well as her black lungs, yellow teeth and nails. They also made a statue-sized breath mint and calculated the cost of a pack of statue-sized cigarettes at \$192.



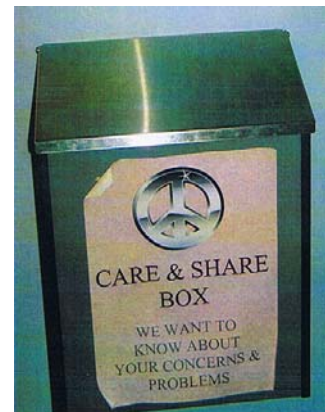
Sixth Grade

Sharon Brough John L. Nash Middle School
Central Community Unit School District No. 4

We Are Planning A Party! Students reviewed the party held in the Slick Tracy comic book and talked about ways to have fun without alcohol. They were given an imaginary budget of \$100 and assigned to plan a party for 20 sixth graders. Then they voted on the party they would most like to attend.

Eugene Wachholz St. Paul Lutheran School
Kankakee

Alcohol Survey: As an extension of "The Brain Drain", the sixth graders decided to do more research on the immediate and long-range effects of alcohol on the brain and other parts of the body. They designed a ten question survey for the fifth, seventh and eighth graders and the faculty and staff. The students learned more about the long-lasting effects of using alcohol and also learned to make quadruple bar graphs. They also reviewed the use of statistical data including the use of range, mean, median and mode.



assessment tool to see how many were completed.

K-8th Grade

Renee Cole Lincoln Cultural Center
Kankakee School District No. 111

Care and Share Box: This project was created to give students a voice in what takes place at their school and to share any concerns they may have about the school or their classmates. Ideas and projects were later displayed on a board as an



Life Education Centers
Pledge for Life Partnership

2008-2009

BEST PRACTICES IN LIFE EDUCATION



master 7/02/09

Fifth Grade

No entries

Iroquois - Kankakee
IRK
Regional Office of Education

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